



**D.Y. PATIL**  
UNIVERSITY  
SCHOOL OF  
NURSING  
NAVI MUMBAI



**GEETANJALI**  
UNIVERSITY  
GEETANJALI COLLEGE OF NURSING



**JOHNS HOPKINS**  
SCHOOL OF NURSING



# International VIRTUAL Conference on Behavioural Addictions and Substance Use Disorders: Current Nursing Practices



January 28<sup>th</sup>-29<sup>th</sup>, 2022

Organized by : Dte. General of Health Services, Nursing Division, MoHFW,GOI and DYPATIL UNIVERSITY, School of Nursing, New Mumbai in Collaboration With Johns-Hopkins- School of Nursing, Baltimore- USA, LGBRIMH, Arizona Indian Nurses Association–USA, Geetanjali University, Udaipur & RAK College of Nursing, Delhi University and ECHO-India

## Registration:

[https://docs.google.com/forms/d/e/1FAIpQLScGyIV1Zg6rNly4r16DUJh5340mVvgQkfpt7Ed8JMDxX2oRQg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLScGyIV1Zg6rNly4r16DUJh5340mVvgQkfpt7Ed8JMDxX2oRQg/viewform?usp=sf_link)

## Joining Link:

<https://echo.zoom.us/joining/register/tJESd-ivrzliG9I8ww7Z8ObBM5KQPfg8NUhr>  
Meeting ID: 951 0171 9816 | Passcode:581819

## Pre-conference Activities

Three parallel sessions to be held only in Separate groups in three tracks with separate registration link

27<sup>th</sup> January 2022

### Executive Chairperson of Debates- Dr Rita Lakahni (CON-DYPU)

#### TRACK-A: Debate competition

- Social networking

- Chairperson -Dr Daisy Thomas(RAKCON-DU,Delhi)
- Co-chairperson - Prof Dinesh Kumar Sharma (GCN-GU, Udaipur)
- Co-Chairperson- Mr Zuber Sanadi (CON-DYPU)
- Coordinator- Ms Mahima Patrick(GCN-Guwahati)
- Coordinator- Dr Sumity Arora(CON-DDU,ND)

#### TRACK - B: Debate competition

- Gaming

- Chairperson - Mr Mayur Raval (GCN-GU)
- Co-chairperson- Dr Thasleem K Sabith (GCON-Erclm.)
- Co-chairperson- Ms Sarita Shokandha (RAKCON-DU)
- Mr Srinivas –(CON-KGMC-Lucknow)
- Coordinator- Laxmi Kumari (AIIMS-ND)

### Executive Chairperson of Workshop- Dr Sandhya Gupta

#### TRACK-C Workshop

– Assessment and Motivational  
Interviewing skills training

- Chairperson -Mr. Francis Moothedan (MOSC-MC,Ernakulum)
- Dr Renju S Baby (AIIMS, Bhub.)(Coordinator)
  - Ms Lakshmi Nair(AZINA-USA) (Facilitator)
  - Dr Sreeja Indira (CON-AHRI,Tvm.)(Facilitator)
  - Dr Sumity Arora (CON-DDU-ND),(Facilitator)
  - Ms Surbala Devi (AIIMS-ND)(Facilitator)
  - Ms Prerna (CON-VMMC,SJH)(Facilitator)
  - Ms. Nabanita Sarmah, (GCON, Silchar, Assam) (Facilitator)
  - Mr Zuber Sanadi (CON-DYPU)(Facilitator)
  - Ms Laxmi Kumari(AIIMS-ND) (Facilitator)
  - Volunteers

# Conference Programme

Day-1 (28<sup>th</sup> January 2022)

Time	Programme	Resource Persons
1 pm – 2:30pm	Registration  MC- Dr Sumity Arora – (CON-DDU-ND)	<ul style="list-style-type: none"> <li>• Mr Zuber Sanadi (CON-DYPU)</li> <li>• Mr Prasad Kanawade, (CON-DYPU)</li> <li>• Ms Mahima Patrick, (GCN-GU)</li> <li>• Mr Kamlesh Menaria (GCN-GU)</li> </ul>
	<b>Thematic Sessions</b>	
2:30 pm – 3:00pm	<b>Thematic session - 1</b> ICD 11 Diagnostic Formulation Of Behavioural Addiction	<ul style="list-style-type: none"> <li>• Speaker: Dr Yatan Pal Singh Balhara, (NDDTC, AIIMS, New Delhi)</li> <li>• Chairperson: Dr Anju Dhawan (NDDTC, AIIMS, New Delhi)</li> <li>• Co-chairperson: Dr Joseph Varghese P MOSC, Ernakulum.</li> <li>• Ms Surbala Devi (CON, AIIMS, Delhi) (Coordinator)</li> </ul>
3:00 pm – 3:30pm	<b>Thematic session - 2</b> Bio Psychosocial Basis Of Addiction	<ul style="list-style-type: none"> <li>• Speaker: Dr Rakesh Lal (NDDTC, AIIMS, New Delhi)</li> <li>• Chairperson: Dr R. K. Lenin Singh (RIMS-Manipur)</li> <li>• Co-Chairperson: Dr Shree Mishra (AIIMS, Bhubaneswar)</li> <li>• Ms Surbala Devi (CON, AIIMS, Delhi) (Co-ordinator)</li> </ul>
2:30 pm onwards	Poster presentation -online	<ul style="list-style-type: none"> <li>• Chairperson: Dr Sandhya Ghai (GCN- GU, Udaipur)</li> <li>• Dr. Usha VK (GCON, Kottayam) (Co-chairperson)</li> <li>• Co-Chairperson) Ms Manasi Rahane (CON-DYPU)</li> <li>• Co-chairperson: Dr Sheela Shenai CON-MOSC, Ernakulum)</li> <li>• Dr Nurnahar Ahmed (LGBRIMH, Tezpur) (Co-ordinator)</li> </ul>

## 4:00 pm – 5pm

**Hall A:** Concurrent Session:  
Oral presentation (themepaper)

• Chairperson - Dr Yogeshwar Puri Goswami (GCN, GU)

• Co-chairperson - Dr Ratna Devi (Manipur)

**Hall B:** Concurrent Session:  
Oral presentation (freepaper)

• Chairperson – Dr Deepa Reddy (CON, DYPU)

• Co-Chairperson : Ms Jyoti Singh (RAKCON, DU)

**Hall C:** Concurrent Session:  
Oral presentation (themepaper)

• Chairperson - Dr Karobi Das (NINE, PGIMER, Chd)

• Co-chairperson: Dr Nurnahar Ahmed (LGBRIMH)

5.00 pm- 6:00 pm

• MC Professor DeepaReddy(CON-DYPU)

• Messages from Overseas and from India

### Inauguration session

Dr Rathi Balachandran  
(ADGN), Dte. GHS, GOI  
(Convener)

- Ms Prerna  
(CON, VMMC-SJH, Delhi) (Coordinator)
- Dr L. Swasticharan  
(Addl. DDG & Director (EMR), Dte. GHS, GOI)
- Dr Sunil Kumar  
(DGHS, Dte. GHS, GOI (Chief Guest))
- Dr Rakesh Lal  
(NDDTC, AIIMS, New Delhi)
- Dr Anju Dhawan  
(NDDTC, AIIMS, Delhi)
- Dr Sandhya Ghai  
(G. Univ., Udaipur)
- Dr Rita Lakhani  
(DYP Univ. Mumbai)
- Dr Sandhya Gupta  
(Health Consultant)
- Dr Arunjyoti Baruah  
(LGBRIMH, Tezpur)
- Dr Virginia Victor  
(Univ. of West Indies)
- Dr Daisy Thomas  
(RAKCON, Delhi Univ.)
- Ms Lakshmi Nair  
(AZINA-USA)
- Dr Sandeep Bhalla  
(ECHO-INDIA)

• Ms Serina Theodore (CON-DYPU)

6:00- 6:05 pm

### Vote of Thanks

MC- Ms Sharmin Digankar (CON-DYPU)

6:05- 6:40 pm

### Keynote Address I:

"Nurses: Ideal Catalysts for Change in the Management of Substance Use Disorders"

- Speaker: Dr Peggy Compton  
(University of Pennsylvania, USA)
- Chairperson: Ms Lakshmi Nair  
(AZINA-USA)
- Co-chairperson: Dr Sandhya Ghai  
(GCN-GU, Udaipur)

6:40- 7:00 pm

### Keynote Address II:

Evidence-based Practice in Addiction Services: Concern of Nurse

- Speaker: Dr Sandhya Gupta  
(Health consultant, Lifestyle Coach)  
Formerly - Principal (Acting) & Associate Professor, CON, AIIMS, Delhi
- Chairperson: Dr Virginia Victor,  
(SON, Univ. of West Indies)
- Co-chairperson: Dr Maya Sahu  
(TMU, Moradabad)

7 pm – 7:15 pm

### Important Announcements

• MC- Prof. Manasi Rahane  
(CON-DYPU)

7:15 pm –7:45pm	<p><b>Plenary Session 1</b> Behavioral Addiction Challenge 2021 in India: Facing the NewEra</p>	<ul style="list-style-type: none"> <li>•Speaker: Dr R K LeninSingh (RIMS, Manipur)</li> <li>•Chairperson: Dr HemantaDutta (LGBRIMH,Tezpur)</li> <li>•Co-chairperson: Ms.Pruna (CON-VMMC,SJH, ND)</li> </ul>
7:45pm – 8:15pm	<p><b>Plenary Session 2</b> Cybercrime andAddiction</p>	<ul style="list-style-type: none"> <li>•Speaker:Dr Suresh Kumar Sharma (Consultant-NI,C-DAC,Pune)</li> <li>•Chairperson: Dr Arpit Parmar (AIIMS Bhubaneswar)</li> <li>•Co- Chairperson :Mr L JohnSingh (RIMS, Manipur)</li> </ul>
	<p>MC- Ms Shalini Abraham(DYPU)</p>	
8:15 pm - 8.50pm	<p><b>Plenary Session 3</b> Trauma informed care forSubstance Use Disorders</p>	<ul style="list-style-type: none"> <li>•Speaker: Lakshmi Nair PMHNP-BC, (AZINA, Arizona,USA)</li> <li>•Chairperson: Dr LSwasticharan, (Addl.DDG,Dte.GHS, GOI)</li> <li>•Co-chairperson: Dr ArunjyotiBaruah (LGBRIMH)</li> </ul>
8:55 pm- 9:10pm	<p><b>Plenary Session 4</b> Disordered Use of SocialMedia Among Adolescents: Harmful Implication</p>	<ul style="list-style-type: none"> <li>•Speaker: Dr SandhyaGhai (GCN-GU, Udaipur)</li> <li>•Chairperson:Dr. SreevaniRentala (DIMHANS,Dharwad)</li> <li>•Co-chairperson :Dr KalpanaNath (RCON, Guwahati)</li> </ul>
9:15 pm- 9:40pm	<p><b>Plenary Session 5</b> New Approaches for a Better Understanding of SpecificInternet- Use Disorder</p>	<ul style="list-style-type: none"> <li>•Speaker:DrShree Mishra (AIIMS, Bhubaneswar)</li> <li>•Chairperson: Ms RatnaDevi (GMCH, Manipur)</li> <li>•Co-Chairperson:Mr Devnarayan (GCN-GU, Udaipur)</li> </ul>
9:45 pm- 10:15pm	<p><b>NetworkingMeeting</b></p>	<ul style="list-style-type: none"> <li>•Chairperson: Dr RathiBalachandran (ADGN,Dte.GHS,GOI)</li> <li>- All resource persons</li> <li>- All delegates</li> <li>-Dr Thasleem KSabith(Rapporteur)</li> </ul>

## Conference Programme Day-2 (29<sup>th</sup> January 2022)

2 pm – 3:00pm

### Special Announcements

MC- Mr AasifBagwan(CON-DYPU)

**Hall A:** Concurrent Session:  
Oral presentation (themepaper)

- Chairperson: Dr Sreeja Indira (CON,AHRI,Tvm)
- Co- Chairperson: Ms MadhumitaDey (RAKCON, Delhi)

**Hall B:** Concurrent Session:  
Oral presentation (freepaper)

- Chairperson: Dr Thasleem K Sabith (GCON-Erclm)
- Co-Chairperson: MrAakash Chavda (GCN,GU)

**Hall C:** Concurrent Session:  
Oral presentation (themepaper)

- Chairperson: DrKunjalata Gogoi (CON,Dibrugarh)
- Co-Chairperson: MsRubina Ansari(GCON,DYPU)

Time	Programme	ResourcePersons
MC- Ms Shrutika Ghadge(CON-DYPU)		
3:00 pm - 3.30pm	<b>Plenary Session 6</b> Harm reduction and Palliative care for SUD	<ul style="list-style-type: none"> <li>• Speaker: Dr Sarah Galvani (Manchester Metropolitan University,UK)</li> <li>• Chairperson: Dr Naresh Nebhinani (AIIMS,Jodhpur)</li> <li>• Co-chairperson: Dr Sandhya Gupta (Health-Consultant)</li> </ul>
3:30 pm - 3:40pm	<b>Symposium 1:</b> •Compulsive sexual behaviorand compulsive pornographyuse	<ul style="list-style-type: none"> <li>•Speaker: Dr AdarshTripathi (KGMU, Lucknow)</li> </ul>
3:40 pm - 3:50pm	•Compulsive shopping (Online& Offline)	<ul style="list-style-type: none"> <li>•Speaker: Dr HiramoniBarman (GCON,Dibrugarh, Assam)</li> </ul>
3:50 pm - 4:00pm	•Compulsive use of social networking and mobile phones	<ul style="list-style-type: none"> <li>•Speaker: Ms ManpreetKaur (KCON, Amritsar)</li> </ul>
4:00 pm - 4:10pm	•Gamification and itseffect on behaviour	<ul style="list-style-type: none"> <li>•Speaker: Dr VirginiaVictor (UWI, West Indies)</li> <li>•Chairperson: Ms ShaliniAbraham (CON, DYPU)</li> <li>•Co-chairperson: Ms TrishnaMazumdar (RCON, Guwahati)</li> </ul>

## MC- Ms Joicy Joy (CON-DYPU)

4:15 pm - 4:25 pm	<b>Symposium 2:</b> <ul style="list-style-type: none"><li>• Addictive behaviour from a Norwegian perspective</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr Alka Goyal (Oslo Metropolitan Univ. (Norway))</li></ul>
4:25 pm - 4:35 pm	<ul style="list-style-type: none"><li>• Compulsive Gambling (Online &amp; Offline)</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Mr Chris Thomas (Global Institute Mount Abu)</li><li>• Chairperson: Dr Hari Krishnan GL (GCON Trivandrum)</li><li>• Co-Chairperson: Ms Mitali Biswas (RAKCON-DU)</li></ul>
4:35 pm - 4:45 pm	<b>Symposium 3:</b> <ul style="list-style-type: none"><li>• Case Study of Punjab: Substance Abuse</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr Monika Sharma (AIIMS, Bhatinda)</li></ul>
4:45 pm - 5:00 pm	<ul style="list-style-type: none"><li>• Addictions and its effect on Fertility</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr Keerti Singh (University of the West Indies, Barbados)</li></ul>
4:55 pm - 5:10 pm	<ul style="list-style-type: none"><li>• Challenges in the Management of Substance Use in the Caribbean</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr Hemant Ram Ganesh (NREU-NWRHA, Trinidad and Tobago)</li><li>• Chairperson: Dr Namitha Subrahmanyam (MOSC, MCH, Ernakulam)</li><li>• Co-Chairperson: Mr Sandeep Kollipara (LGBRIMH, Tezpur)</li></ul>

## MC- Mr Aasif Bagwan (CON-DYPU)

5:10 pm - 5:20 pm	<b>Symposium 4:</b> <ul style="list-style-type: none"><li>• Alcohol Use Disorders; Use of Technology</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr Sreevani Rentala (DIMHANS, Dharwad)</li></ul>
5:20 pm - 5:30 pm	<ul style="list-style-type: none"><li>• Opioid use disorders</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr Sushil K. Maheswari (UCON, BFUHS)</li></ul>
5:30 pm - 5:40 pm	<ul style="list-style-type: none"><li>• Stimulant Use Disorder: Nicotine and Marijuana</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr Sumity Arora (CON, DDU, ND)</li></ul>
5:40 pm - 6:00 pm	<ul style="list-style-type: none"><li>• Lab Investigations in diagnosis of SUD</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr Raka Jain (NDDTC, AIIMS, New Delhi)</li><li>• Chairperson: Dr Renju S. Baby (CON, AIIMS, Bhubneshwar)</li><li>• Co-Chairperson: Ms Chitra Bora (LGBRIMH, Tezpur)</li></ul>
6:10 pm - 6:25 pm	<b>Symposium 5:</b> <ul style="list-style-type: none"><li>• Relapse prevention for addictive behaviour &amp; SUD</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr Tamar Rodney (Johns-Hopkins School of Nursing, Baltimore, USA)</li></ul>
6:25 pm - 6:40 pm	<ul style="list-style-type: none"><li>• Role of Mass media in Behavioral addiction</li></ul>	<ul style="list-style-type: none"><li>• Speaker: Dr. Patty Wilson (Johns-Hopkins School of Nursing, Baltimore, USA)</li></ul>

		<ul style="list-style-type: none"> <li>•Chairperson: Dr Akanksha Ghai (Chitkara University, Punjab)</li> <li>•Co-chairperson: Dr Binu Mathew (CON,AIIMS, Raipur)</li> </ul>
	MC- Mr Prasad Kanawade(CON-DYPU)	
6:45 pm - 7:00pm	<b>Plenary 7:</b> <ul style="list-style-type: none"> <li>•Reading the Signs: Therapeutic Communication as an Intervention Strategy for Patients with Addictive Disorders</li> </ul>	<ul style="list-style-type: none"> <li>•Speaker: Dr Ferne Louanne Regis (SON, University of the West Indies)</li> <li>•Chairperson: Dr Arunjyoti Baruah (LGBRIMH, Tezpur)</li> <li>•Co-chairperson: Mr George V. Joy (Qatar)</li> </ul>
7:05 pm - 7:45pm	<b>Plenary 8:</b> <ul style="list-style-type: none"> <li>•Importance of SHUT-Clinic in Managing Behavioral Addictions</li> </ul>	<ul style="list-style-type: none"> <li>•Speaker: Dr Manoj Sharma (NIMHANS, Bengaluru)</li> <li>•Speaker: Dr Maya Sahu (TMU, Moradabad)</li> <li>•Chairperson: Dr Sushil K Maheshwari (BFUHS, Faridkot)</li> <li>•Co-Chairperson: Mr Srinivas (CON-KGMU, Lucknow)</li> </ul>
7:50 pm - 8:10pm	<b>Feedback Session</b>	<ul style="list-style-type: none"> <li>• Mr Zuber Sanadi (DYPatil)</li> <li>• Dr Sumity Arora (CON, DDU, Delhi)</li> <li>• Ms Jyoti Singh (RAKCON, DU)</li> </ul>
	MC - Mr Zuber Sanadi (DYPU)	
8:10 pm - 9:00pm	<b>Valedictory Session</b> <ul style="list-style-type: none"> <li>• Report of conference</li> <li>• Feedback from delegates</li> <li>• Announcement of awards</li> <li>• Speech by Dignitaries</li> <li>• Address of chief guest</li> <li>• Concluding and way forward</li> </ul>	Ms Laxmi Kumari (AIIMS, ND)(Coordinator)